



Two Day baby reflex Course

Our two day course has been the product of 15 years research by Jenny Lee with babies and young children. **baby reflex** offers all our delegates two opportunities:

Firstly, practical hands on techniques to help, ease and comfort baby discomforts. These techniques can support the knowledge already held by the reflexologist who wishes to improve their skill set and offer treatments to babies and young children from 4 weeks to 2 years.

Secondly, our course gives the opportunity to reflexologists wishing to offer a further service to their practice in the style of parent workshops. These are 3 weekly one hour themed workshops which are aimed at giving parents practical advice whilst supporting the natural bond between a parent and their baby.

Please note: check with your insurance company regarding coverage as offering parent/baby workshops an additional insurance charge may be applicable.

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